

Welcome to MUSSOORIE

Venue: Sterling Resort, Mussoorie



**Research & Innovation in
Cardio Diabetes Obesity and
Metabolic Medicine**

**Organized by:
Cardio Diabetic Society**

Program Highlights

- Pre-Conference workshop: 10th April (5pm to 8pm)
- Conference: 11th April (9am to 5pm)
- Conference: 12th April (9am to 1pm)

Scientific Programme Awards

- Faculty Research Presentation
 1. Early Career [up to 40 years]: 20 awards
 2. Mild Career [40-55 years]: 10 awards
 3. Orations for ground breaking research: 5 awards
- Post Graduate Activities
 1. Best Paper Awards: 20 awards
 2. Best Case Reports: 20 awards
 3. PG Quiz

**Cash Prize worth
Rs. 10,000 for PG
Residents**

Send Abstracts to : cardiodiabeticsociety1@gmail.com

Registration Details

Category	Upto 31 st March		After 31 st March	
	Life Member & Life Associate Member	With Accommodation	25k	With Accommodation
	Without Accommodation	15k	Without Accommodation	18k
PG Residents & Phd *	With Accommodation	10k	With Accommodation	12.5k
	Without Accommodation	7.5k	Without Accommodation	10k
*Accommodation on twin sharing basis				
M.Sc**	Without Accommodation	2.5k	** Only on Day Registration basis	



Prof. Ravi Kant
President



Dr. Mukesh Bairwa
Organizing
Chairperson



Dr. Rohit Raina
Organizing
Secretary



Dr. Anirudh Mukherjee
Joint
Secretary

Register at

www.cardiodiabeticsociety.com

Registration link :

<https://tinyurl.com/3uxsd2mm>

CONTACT:

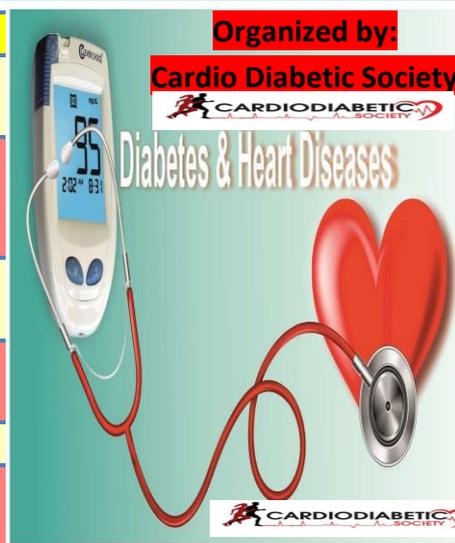
Scientific Programme:

1. Dr. Dheeraj : 9610250174

For Registration Contact

1. Dr. Aneesh : 9482889298

2. Mr. Vinay : 7906984559



Message from the President



Distinguished Colleagues, Fellow Researchers, and Delegates,

It is my distinct honor to welcome you to the RICDOM 2026. As we gather here, we do so not merely as practitioners of separate specialties, but as a united front against one of the most formidable health challenges of the 21st century.

We are facing a **Syndemic**—a synergistic epidemic where **Diabetes, Obesity, and Cardiovascular Disease** intersect to create a burden far greater than the sum of its parts.

- ▶ Over **530 million** adults are living with **diabetes**, projected to rise to **1.3 billion** by 2050.
- ▶ Nearly **890 million** adults worldwide are living with **obesity**.

The “**Asian Indian Phenotype**” makes our population uniquely vulnerable to “**Cardiodiabetesity**.”

- ◆ **The Need of the Hour** is a Holistic Strategy:
- ▶ **Targeting obesity** before it triggers the metabolic cascade.
- ▶ **Precision Medicine:** Using biomarkers and genetics to predict progression.
- ▶ **Collaborative Care:** Endocrinologists and Cardiologists must treat the risk, not just the event.

Let us work together to turn the tide against this pandemic.

Warm regards,

Prof Ravi Kant

President:
RICDOM under aegis of Cardiodiabetic Society
2026

